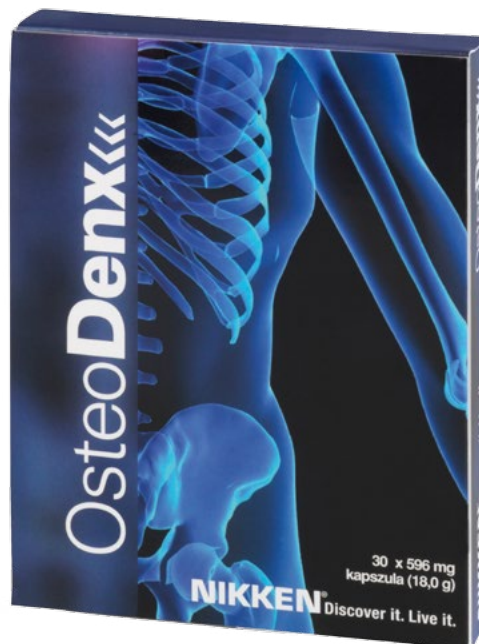


OsteoDenx®

Supporting the maintenance of normal bones

- Contains vitamins D and K, manganese, and zinc which contribute to the maintenance of normal bones
- A food supplement with soluble fibres, vitamins, and grape seed extract
- A formulation exclusive to Nikken
- Suitable for both men and women



Supporting our skeletal structure

Our bones are unique, forming a rigid structure that not only enables us to move but also protects our soft internal organs. 90% of bone mass forms before you reach 20 years old, and our bones constantly replace dead cells with new ones, regenerating throughout our lives. But this regeneration can slow down as we get older. 50% of women over the age of 50 will break a bone due to poor bone density¹⁹, so maintaining good bone health is increasingly important as we age, and lifestyle and prevention are key to this.

OsteoDenx® has been developed by Nikken's world-class research team and Dr. Narain Naidu – a medical microbiologist who has spent more than 30 years researching bioactive substances and their effects on human health. The vitamins D and K, manganese, and zinc in OsteoDenx® contribute to the maintenance of healthy bones.

What's in OsteoDenx®

A lactoferrin-based food supplement with soluble fibres, vitamins, and grape seed extract, OsteoDenx® provides vitamins D and K, as well as manganese and zinc, to help protect your bones. Use in conjunction with CalDenx®, our high-quality calcium supplement, for maximum benefits.

How to use

Take 1 capsule daily with a glass of water. Recommended to be taken with CalDenx®.

Storage

Store in a cool, dry place away from direct sunlight.



Content

Pack of 30 capsules

Ingredients

Inulin/oligofructose (39%), milk protein isolate, capsule shell (hydroxypropylmethylcellulose), grape seed extract, oat beta glucan, pineapple extract, acidity regulator (sodium bicarbonate), citric acid, anti-caking agents (magnesium stearate, silicon dioxide), manganese sulphate, colour (titanium dioxide), zinc oxide, Vitamin D (cholecalciferol), Vitamin K (phytomenadione), folic acid (pteroylmonoglutamic acid).
Suitable for vegetarians.

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Nutritional Information

Typical Analysis	Amount per capsule	% RDA*
Vitamin D (µg)	5	100
Vitamin K (µg)	20	27
Folic Acid (µg)	200	100
Manganese (mg)	2	100
Zinc (mg)	2.8	28
Grape seed extract (Vitis vinifera) (mg)	30	-
Lactoferrin (mg)	95	-
Inulin / oligofructose (fibre) (mg)	230	-

* RDA = Recommended Daily Amount Suitable