Wild Coffee Breaking Unhelpful Habits – Increasing Alertness



- Wild Coffee essence lifts the resonance of caffeine in the aura, negating any harmful effects it may have.
- It clears blockages in the energy field, caused by caffeine, which can reduce the effectiveness of homeopathic medicines, flower or crystal essences.
- It helps to give up caffeine whether from coffee, tea, chocolate, coca cola, sports drinks, 'energy drinks' or other caffeinated drinks.
- This essence also stimulates and sharpens the mind, making us more alert.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click for Attunements: http://www.spiritoftransformation.com/Attunements.htm

This essence is part of the Spirit of Transformation Healthy Choices blend: http://www.spiritoftransformation.com/transformationessences.htm#healthychoices

Acknowledgement and Thanks

With acknowledgement and thanks for this information to:

South African Flower Essences http://safloweressences.co.za/Wild Coffee Essence.html

Photo by Joyce: http://www.flickr.com/photos/jehwriter/515328608/

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.