

Essence Directory

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Ruby

Releasing Grief, Anger and Procrastination Bringing Courage, Passion and Leadership



Affirmation: 'I'm decisive, enthusiastic and focused. I release all energy drains and negative associations with masculine energy. I step into my power with clear direction and inner guidance. I open my heart to give and receive love and experience a passionate life'.

This essence is in the Spirit of Transformation blends:

Move Forward – Get Unstuck & Blossom Essence: http://bit.ly/fk6m47

Stability, Clarity and Protection Essence: http://bit.ly/qNYyDb

Gemini- Mercury Essence: http://bit.ly/eihumX

Libra - Venus Essence: http://bit.ly/ns8oh4

Spirit of Transformation does not sell single essences. Essences are like people - they usually work best as part of a team! If you feel drawn to this please request it as part of a personal attunement blend. Channeled Personal Attunements: http://bit.ly/XBzFsP

With acknowledgement and thanks to Crystal Herbs: http://bit.ly/18VJ1Uo where you may be able to order this as a single essence

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.

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