



## **Octopus**

*Flow Easily Through Emotional Depths and Profound Change  
Relax Into The Next Stage of The Journey*



Affirmation: *'I flow easily and safely through deep emotions and profound change, releasing what no longer serves me and relaxing into the next stage of the journey'*

Spirit of Transformation does not sell single essences. Essences are like people - they usually work best as part of a team! If you feel drawn to this please request it as part of a personal attunement blend.

**Channeled Personal Attunements:** <http://bit.ly/XBzFsP>

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**With acknowledgement and thanks to:** Wild Earth Animal Essences: <http://www.animaessence.com/res3.html#3>  
where you may be able to order this as a single essence

**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.

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