Mookaite/Australian Jasper
Strength, Grounding and Versatility in Times of Change
Protection, Balance and Gentle Self-Nurture

Affirmation: 'I move into the flow of life with excitement; welcoming new experiences. I treat myself gently and lovingly, knowing that all is well. This world is a wonderful place to be.'

This essence is in the Spirit of Transformation blend:

Spirit of Transformation does not sell single essences. Essences are like people - they usually work best as part of a team! If you feel drawn to this please request it as part of a personal attunement blend.


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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.

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