

Essence Directory

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Mookaite/Australian Jasper

Strength, Grounding and Versatility in Times of Change Protection, Balance and Gentle Self-Nurture



Affirmation: 'I move into the flow of life with excitement; welcoming new experiences. I treat myself gently and lovingly, knowing that all is well. This world is a wonderful place to be.'

This essence is in the Spirit of Transformation blend:

You Are Enough - Self-Belief and Soul Nurture: http://bit.ly/13DwjbQ

Spirit of Transformation does not sell single essences. Essences are like people - they usually work best as part of a team! If you feel drawn to this please request it as part of a personal attunement blend.

Channeled Personal Attunements: http://bit.ly/XBzFsP

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner. Please note, no part of information this may be copied or reproduced without prior written permission.

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