

Hydrangea

Focus, Upliftment and Joy



- ☒ Aligns the mental body, bringing focus to a scattered mind.
- ☒ Helps us reclaim the power to say no.
- ☒ Hydrangea supports us in a loving and gentle manner to release repressed and suppressed emotions.
- ☒ Like a mother caressing her child that is hurt, Hydrangea connects you to the love of Mother Earth surrounding you in gentle love while supporting you to move forward in healing of suppressed and repressed emotions to bring joy, vitality and balance to our emotional being.
- ☒ Hydrangea is used when searching for answers because it opens us to hear the answers being given. It also helps to formulate the questions.

Blue Lace Hydrangea

- ☒ This essence is like being sprinkled with a combination of angel and fairy dust, there is a pixie like quality to it which is very giggly, happy and uplifting.
- ☒ It also imparts a sense of courage and being willing to carry on no matter what circumstances we're facing.
- ☒ It is wonderful for the throat chakra and for when we feel really blocked creatively, especially when writing.
- ☒ In order for Blue Hydrangeas to bloom true they need an acidic soil and plants that require this sort of soil are able to help us make lemonade when life hands us lemons.
- ☒ Useful Affirmation: '*All of my communications are lovingly powerful and free flowing*'

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your attunement.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

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With acknowledgement and thanks for this information to:

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Morningstar Essences: <http://morningstar.netfirms.com/flower2.html>

Photo by Nikki Wyatt

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.