

Golden Ear Drops

Releasing Painful Past Memories

Finding the Courage to Face the Dark and Find the Light



- ☒ We all have the tendency to suppress difficult feelings, particularly if the events that provoked them happened when we were too young to cope with our reaction. However, traumatic memories from past lives or our current life can have a corrosive subconscious impact on our present. Intense emotions may be re-triggered by similar events or relationship dynamics so that we react out of all proportion to what has actually happened. This essence helps us to unearth and defuse these memories to free us from the past. It cleanses the heart chakra so that we're able to release our feelings, perhaps through healing tears, until we feel lighter and clearer.
- ☒ Carrying this toxic baggage can make it difficult to create a happy fulfilling life, yet it can also take great courage to face our inner demons. Thankfully, this essence is a master at helping us to face what we need to with courage, strength and the understanding that nothing is bigger than the Divine Power that we all carry within us.
- ☒ We are safe as we confront the past and we are blessed with an abundance of good when we let it go. Not only that, but as we accept the the shadow side of past events we also release the light, enabling us to reconnect with the love, wisdom and innocence of our history too. Hence this essence can also bring great insight and a strong connection to the purity of our spirit.
- ☒ Useful Affirmation: *'I am filled with courage and strength as I face my past and release it'*.

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Past Life blend:

<http://www.spiritoftransformation.com/transformationessences.htm#pastlife>

Acknowledgement and Thanks With acknowledgement and thanks for this information to:

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.