

# Edelweiss

*Working in Harmony with our Vision and Values  
Clarifying and Evaluating Choices*



- ☒ This essence connects us to our own soul and spirit. It brings understanding of our eternal aspect.
- ☒ It expands our crown chakra allowing us to access the highest vibration we can sustain.
- ☒ It stimulates creativity, bringing spiritual inspiration to support us in carrying out our soul purpose.
- ☒ It's useful when we feel confused and are uncertain of how to tackle challenging situations.
- ☒ Helps us feel clear and decisive with the flexibility to formulate new goals in response to universal feedback.
- ☒ An excellent essence when we have a clear life vision but are struggling to ground it into action.
- ☒ Helps us work towards a goal with strength, confidence and clarity in alignment with core values.
- ☒ Encourages faith in the universe and our inner direction. Helps us connect to our purpose and intuitive guidance.
- ☒ Edelweiss also deeply cleanses our energy field.
- ☒ Useful Affirmation: *'I'm fulfilling my purpose with clarity, flexibility and faith'.*

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

**Click for Attunements:** <http://www.spiritoftransformation.com/Attunements.htm>

**This essence is part of the Spirit of Transformation Soul Purpose blend:**

<http://www.spiritoftransformation.com/transformationessences.htm#soulpurpose>

**Acknowledgement and Thanks** With acknowledgement and thanks for this information to:

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.