

Desert Hibiscus
Releasing Fear of Loneliness
Finding Peace and Pleasure in Our Own Company



- This essence illuminates what we truly need and shows us how we can meet those needs ourselves, instead of hoping others will meet them for us.
- It enables us to be still and at peace in our own company without the need for diversions.
- It's a wonderful essence if we find it hard to be alone because we feel fearful.
- Useful Affirmation: *'I take care of my own needs easily.'*

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Karmic Loneliness blend:
<http://www.spiritoftransformation.com/karmicessences1.htm#karmicloueliness>

Acknowledgement and Thanks With acknowledgement and thanks for this information to:

Morningstar Essences: <http://morningstar.netfirms.com/flower2.html>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.