

Cedar

Mental Calm – Money Healing



- ☒ This essence is helpful when there is too much mental activity. We may over-analyse or study too hard – looking for answers in our mind instead of going within to connect with higher guidance. Cedar calms the mind and encourages us to relax.
- ☒ It can connect the base chakra to the intestines. Its effects are often felt in the base or crown chakra, with a cleansing effect through the digestive system. Physically it can also impact the hair.
- ☒ Cedar helps to release unhelpful beliefs and emotional triggers around money.
- ☒ It can help us to see money as a potentially spiritual energy.
- ☒ It can help us to perceive time differently and to connect across higher dimensions.
- ☒ Useful Affirmation: *'I mentally relax and allow myself to release negative beliefs around money.'*

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Financial Flow blend:
<http://www.spiritoftransformation.com/transformationessences.htm#financialflow>

Acknowledgement and Thanks With acknowledgement and thanks for this information to

Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81

Morningstar Essences: <http://morningstar.netfirms.com/floweraf.html>

The Gurudas Essence Books: <http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.