



## **Carnelian**

*Anchor and Achieve Your Dreams  
Passion and Zest For Life*



Affirmation: *'I engage passionately with life, acting courageously and confidently to express my soul purpose'*

**This essence is in the Spirit of Transformation blends:**

**Move Forward – Get Unstuck and Blossom:** <http://bit.ly/fk6m47>

**Cancer-Moon:** <http://bit.ly/mJ32jx>

**Sacral Chakra:** <http://bit.ly/12sDpxu>

Spirit of Transformation does not sell single essences. Essences are like people - they usually work best as part of a team! If you feel drawn to this please request it as part of a personal attunement blend.

**Channeled Personal Attunements:** <http://bit.ly/XBzFsP>

**With acknowledgement and thanks to Crystal Herbs:** <http://bit.ly/18VJ1Uo>  
where you may be able to order this as a single essence

**Photo reproduced courtesy of Charlotte Macpherson.**

**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.

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