## **Blue Beard Iris** *Releasing Creativity Developing Past Life Talents*



- This essence works through all dimensions to clear blockages in the throat chakra, inspiring self-expression from our higher self.
- It activates inspiration and creativity in dance, music, painting and sculpture.
- Blockages in the sexual chakra are released to find artistic expression.
- ☑ It attunes the causal body to release artistic talents from past lives.
- ☑ Useful Affirmation: 'I acknowledge and express my artistic and musical gifts with joy'.

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: http://www.spiritoftransformation.com/Attunements.htm

This essence is part of the Spirit of Transformation Soul Gifts blend: http://www.spiritoftransformation.com/transformationessences.htm#soulgifts

Acknowledgement and Thanks With acknowledgement and thanks for this information to:

Crystal Herbs:<u>http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT\_ID=81</u>

The Gurudas Essence Books: http://www.spiritoftransformation.com/essencedirectory.htm#recommendedreading

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.