## **Bird of Paradise**

## Flourishing Beauty – Attracting Support



- This is the essence of flamboyance.
- It frees the physical expression of blocked creativity.
- It's particularly effective in releasing artistic and acting talents that have been blocked by anger; it enables you to express yourself positively and dramatically with ease and grace.
- When you feel boxed in because you're afraid of being assertive and being seen, this allows your beauty and presence to flourish and expand.
- Where life seems colourless and hopeless and our creativity is blocked by fear, this essence encourages us to stand tall and be noticed as our glorious creative self.
- It attracts positive attention and support from others.
- It's highly stimulating to the sacral and throat chakras.
- It allows our higher self to inspire and direct our creativity
- ☑ It also helps us to keep perspective and compassion around relationship.
- ☑ It particularly helps women in limiting relationships to break free.
- It enhances our ability to fly free and independently.
- It assists us in moving towards self-empowerment.
- It assists in the integration of past and present.
- It clears stale unhelpful habits, replacing them with a decisive zest for action, joy and enthusiasm.
- ☑ Useful Affirmation: 'I now fully connect with my inner dramatic creative energy, and I regain my confidence to boldly express this without reservation. I radiate beauty which attracts those who can best support me as I move along my life path.'

**Please Note:** Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this essence as part of your blend.

Click here for attunements: http://www.spiritoftransformation.com/Attunements.htm

**Acknowledgement and Thanks** With acknowledgement and thanks for this information to:

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New Millenium Flower Essences: http://www.nmessences.com/essences/bird\_of\_paradise.html

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**N.B:** Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.