

Australian Bluebell Creeper
Letting Go of the Past
Forgiving What Has Gone Before



- ☒ This essence is wonderful when past events constantly replay in our mind and in our life because we feel unable to forgive.
- ☒ This essence gently encourages us to let go of the past so that we gradually detach from our negative story and that of our ancestors until we're able to step forward free from the shackles of our history.
- ☒ Useful Affirmation: *'I let go of the past effortlessly. I extend forgiveness with love and understanding to all those involved, including myself. I'm free to move on'.*

Please Note: Individual essences are not available from Spirit of Transformation, as a bespoke blend is much more powerful. If this essence resonates for you, then order a spiritually guided attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Karmic Forgiveness blend:
<http://www.spiritoftransformation.com/karmicessences1.htm#karmicforgiveness>

Acknowledgement and Thanks With acknowledgement and thanks for this information to:

Morningstar Essences: <http://morningstar.netfirms.com/flower.html>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.