

Solandra – Golden Chalice

Protection and Self-Worth

Celebrating Our Beauty, Magnificence and Abundance



- ☒ This essence aligns the solar plexus chakra with the brow chakra and helps clear the sacral chakra.
- ☒ It acts to protect the solar plexus by creating a golden web of light around it. This deflects other people's energies and helps those who feel they are an 'emotional sponge'.
- ☒ It helps us find a balance between being of service and giving ourselves enough joy and nurture.
- ☒ It helps us relax, take a break and brings our responsibilities into perspective.
- ☒ It encourages us to use the wisdom of Feng Shui to open to financial abundance.
- ☒ It helps us remember that it's enough to be who we are. We don't need to exhaust ourselves with challenging goals, 'do our duty' or tick off endless to-do lists to justify our existence.
- ☒ It helps if we feel isolated or lonely, as it tunes us into love and compassion so that we can give, receive and express love more easily.
- ☒ It helps release patterns of lack and poverty-consciousness. It realigns us with a correct understanding of the source of abundance so we can become a channel through which it flows.
- ☒ It promotes a celebration of our spiritual emergence and the freedom to fully express our true self.
- ☒ Useful Affirmation: *'I'm a magnificent expression of creation. Through me love, beauty and abundance express themselves daily.'*

Please Note: Individual essences are not available from Spirit of Transformation, as a spiritually guided bespoke blend is much more powerful. If this essence resonates for you, then order an attunement to receive your personal essence blend, mentioning in your email that you'd like this particular essence as part of your attunement blend.

Click here for attunements: <http://www.spiritoftransformation.com/Attunements.htm>

This essence is part of the Spirit of Transformation Solar Plexus Chakra blend:

<http://www.spiritoftransformation.com/chakraessences1.htm#solarplexuschakra>

Acknowledgement and Thanks With acknowledgement and thanks for this information to

Crystal Herbs: http://www.crystalherbs.com/shop/aftrack.asp?ID=74&Req=prodtype.asp?PT_ID=81

Green Hope Essences: www.greenhopeessences.com/Documents/ShortDefinitions.pdf

Pegasus Products: <http://pegasusproducts.wordpress.com/category/flower-essence-research/page/2/>

Fleur Essences: <http://www.fleuessences.com/Revitalizing%20Chi.htm>

One Garden Divine Flower Essences: <http://www.lifesnaturalcatalyst.com/index/goldenchalice>

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N.B: Using essences is not a substitute for medical attention - if you're ill consult a medical practitioner.